

Il Congreso Nacional de Salud y Medicina Integrativa

Together in integrative medicine

Barcelona, 13-15 September 2019

https://ecim2019-barcelona.sesmi.es/en





TOGETHER IN INTEGRATIVE MEDICINE

JUNTOS POR LA MEDICINA INTEGRATIVA

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Dear colleagues,

We are very proud to present the program of the Barcelona European Integrative Medicine Congress 2019.

This is the XII European Congress of the European Society of Integrative Medicine (ESIM) and the II National Congress of the Sociedad Española de Salud y Medicina Integrativa (SESMI).

We have the collaboration of the British Medical Acupuncture Society, the Japanese Society of Integrative Medicine and the Portuguese Integrative Medicine Society. We have the support of the Asamblea Nacional de Homeopatia from Spain and the Federación Española de Sanitarios por la Medicina Integrativa, as well.

This congress will focus around Research, Clinical Assistance, Education, Complementary and Traditional Medicine and Biological Practices among others, with many health professionals of the different disciplines.

On Thursday September 12th and in co-organization with the Faculty of Nursing of the URV of Tarragona and within the framework of this congress we did the First International Symposium on Education and Integrative Health in this city. This Symposium wants to be a forum for the exchange of knowledge and experiences among members of the educational community of different countries, in the search for dialogue, to help us find guidelines for an integrative educational framework. For this reason, the IV Plenary Session on Education will be celebrated in Tarragona.

On Friday 13th, in our pre-congress in Barcelona and during the morning session, different workshops have been offered in order to provide participants practical teaching.

Talking about the congress itself, we will start on Friday 13th in the plenary room at 2 p.m. During the opening of our meeting, and before the plenary lectures, the Heel 2019 prize will be awarded to the best Integrative Medicine article of the previous year.

On Saturday we will have 5 more rooms for lectures, two of them for oral communications, ready to receive brilliant national and international speakers who investigate and treat in the fields of Integrative Medicine. There will also be space for the presentation of posters. Some space will be reserved for commercial companies related to Integrative Medicine, whose support we specially thank as it helps to make this meeting possible.

A gala dinner will be held after the work on Saturday with live rumba music. It will sure help us to enjoy all together.

On Sunday, at the end of the congress we will have a debate with the title "How can we integrate Integrative Medicine" and, after that, we will present the winners for The Tulip Award Complementary Therapies in Medicine Early Career Research Award 2018 and The ERAIM Award European Journal of Integrative Medicine Early Researcher Award for Integrative Medicine 2018. The prizes for the best Congress Oral Communications and Posters will be awarded in the closing ceremony, as well.

Our committees, both the organizer and the scientist, as well as our technical secretariat, have been working intensively to make possible a top quality, scientific and unforgettable Congress for you all.

Integrative Medicine is a meeting point between conventional medicine and that which represents and uses complementary and natural techniques, focusing the process on people and delving into their well-being and preventive practices.

Our congress would like to be a space for the study and deepening of Integrative Medicine among the professionals who practice it, both in Europe and around the world, and also a space for debate, a debate that includes users with their needs and demands for the current systems of health.

We wish you all enjoy our beautiful and Mediterranean city of Barcelona and a very good, deep, useful and sharing congress.

Welcome to our Integrative medicine Congress! Welcome to Barcelona!



Dr. Isabel Giralt



Prof. Benno Brinkhaus



Dr. Alejandra Menassa



Prof. Neus Esmel

44 COMMITTEES

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President of SESMI Internist, Hospital Doce de Octubre. Internal Medicine Department of CMI (Clinic of Integrative Medicine). (Madrid/SP)

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Member of SESMI, Faculty of nursing, URV. Head in Esmel Therapy Center. (Tarragona/SP)

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Posturology Université de Bourgogne. (París/FR)

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Faculty of Nursing, University of Iceland. (IS)

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Genome Biologist. Medical Research Council Laboratory of Molecular Biology, Cambridge. Research Director, European Ayurveda Association (Cambridge/UK)

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Founder and Director of the National Institute of Integrative Medicine (NIIM). (Melbourne/AU)

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Prof. Josep Ma Comelles

Medical Anthropology Research Center, Universitat Rovira i Virgili. (Tarragona/SP)

Dr. Javier Espinosa

Medical Oncology Service of the General Hospital of Ciudad Real. (SP)

Javier Mata

Head of Section at the Anaesthesiology and Clinical Pain department of Son Llàtzer University Hospital. Research Group on Pain. Neurosciences Group at (IdISBa). (Illes Balears/SP)

Benno Brinkhaus, MD

Institute for Social Medicine, Epidemiology, and Health Economics Charité -Universitätsmedizin. (Berlin/DE)

Prof. Miquel Porta

Research Institute of the Hospital del Mar. Autonomous University of Barcelona. University of North Carolina

Prof. Pol De Saedeleer

Chairman of the European ILADS Committee. Board Director of ILADEF (BG)

Dr. Tomás Alvaro

Centro de Salud Integral Arjuna Tortosa. Verge de la Cinta Hospital, Tortosa. (Tarragona/SP)

Dr. Oscar Aguilera

Translational Oncology Unit of the Jiménez Díaz Foundation. (Madrid/SP)

Dra. Lola de la Puerta

Integrative medicine and antiaging health. (Madrid/SP)

Dr. Nicolás Olea

Professor of Radiology and Physical Medicine, Institute of Biosanitary Research ibs, Granada University. (Granada/SP)

Dr. Kiyoshi Suzuki

Vice President of the Japanese Society of Integrative Medicine. Chief Director of Tokyo Ryo-In Clinic and President of the MOA Health Science Foundation. (JP)

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Barcelona-Lérida. (SP)

Cardiology specialist. (Málaga/SP)

Prof. Thora J. Gunnardsdóthir

Faculty of Nursing, University of Iceland. (IS)

Jorge Vas, MD, PhD

Pain treatment unit. Research Group on Complementary and Alternative Medicines Dos Hermanas. (Sevilla/SP)

Dra. Alejandra Menasa

President of SESMI Internist, Hospital Doce de Octubre. Internal Medicine Department of CMI (Clinic of Integrative Medicine). (Madrid/SP)

Prof. Mary Jo Kreitzer

University of Minnesota, Minneapolis, MN. (US)

Dr. Harsha Gramminger

Institute of health, medicine

and holistic oncology IMOHE

M.D.European Ayurveda Association (EUAA). Founder of Euroved – Ayurveda Made in Europe. Head physician of Euroved Clinic. (Colonia/DE)

Program Committee / Education

Prof. Mary Jo Kreitzer, Chair

University of Minnesota, Minneapolis, MN. (US)

Prof. María Jiménez-Herrera

PhD in Social and Cultural Anthropology. Nurse Researched and expert on bioethics Nursing Faculty, URV. (Tarragona/SP)

Prof. Carmen Salgado

Licenciada en farmacia, investigadora y asesora técnica en homeopatía y suplementación ortomolecular. Technical director "Herbarum Natura". (Madrid/SP)

Prof. Avni Sali AM

Founder and Director of the National Institute of Integrative Medicine (NIIM). (Melbourne/AU)

Prof. Arturo O`Byrne

Integrative Medicien, Universidad Javeriana. (Cali/CO)

Prof. Jordi A. Jauset

Professor and university researcher. Science writer of the effects of music on health and education. (Barcelona/SP)

Prof. Thora J. Gunnardsdóthir

Faculty of Nursing, University of Iceland. (IS)

Prof. Neus Esmel

Member of SESMI, Faculty of nursing, URV. Head in Esmel Therapy Center. (Tarragona/SP)

Prof. Josep Ma Comelles

Medical Anthropology Research Center, Universitat Rovira i Virgili. (Tarragona/SP)

Dr. Gualberto Díaz

Homeopathic doctor and integrative oncologist in Medical Centers Conde Orgaz y Pinar. Editorial advisor. (Madrid/SP)

Program Committee Integrative Medicine and Traditional Medical Systems

Dr. Elio Rossi, Chair

Director of the Coordination Center for Complementary Medicine of Health Unit Tuscany North west. Listened as expert on AIDS and homeopathic therapy. (Tuscany/IT)

Dr. Gualberto Díaz

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Pain treatment unit. Research Group on Complementary and Alternative Medicines Dos Hermanas. (Sevilla/SP)

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Founder and Director of the National Institute of Integrative Medicine (NIIM). (Melbourne/AU)

Benno Brinkhaus, MD

Institute for Social Medicine, Epidemiology, and Health Economics Charité -Universitätsmedizin. (Berlin/DE)

Dr. Luís Hortal

Family Phisian, Centro de salud Ghandi. Homeophatic doctor. (Madrid/SP)

Prof. JC Crespo de la Rosa

Department of Pharmacology, Pediatrics and Radiology of the University of Sevilla. President of the AESMI. (Sevilla/SP)

Dra. Isabel Giralt

Vice President SESMI,
Acupuncture and Natural
Medicine Clinic ENERGIMED.
Health Acupuncture Unit, Dexeus
University Women's Clinic.
(Barcelona/SP)

Prof. Mike Cummings

Medical Director of the British Medical Acupuncture Society (BMAS). (UK)

Dr. Harsha Gramminger

M.D.European Ayurveda Association (EUAA). Founder of Euroved – Ayurveda Made in Europe. Head physician of Euroved Clinic. (Colonia/DE)

Program Committee / Biological Practices

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Prof. Pol De Saedeleer

Chairman of the European ILADS Committee . Board Director of ILADEF. (BG)

Dra. Alegria Montoro

Radiological Protection Service. University Hospital La Fe. (Valencia/SP)

Prof. Carmen Salgado

Licenciada en farmacia, investigadora y asesora técnica en homeopatía y suplementación ortomolecular. Technical director "Herbarum Natura". (Madrid/SP)

Dr. Bernat Vanaclocha

Centre Natura. Fitoterapia, medicina naturista, acupuntura. Cita publicaciones y documentación SL. (Carlet Valencia/ES)

Prof. Juan Serrano

Biologist, specialized in Biochemistry and Molecular Biology. Biologist Analyst at the Valencian Institute of Oncology (IVO), specialist in tumor and hormonal markers. Technicalexecutive Biological projects

Dra. Carmen Navarro

Micronutrition and Diet Therapy expert. Medical Director of the GAIA Clinic. Specialized consultation in Environmental Medicine. (Madrid/SP)

Prof. Madan Thangavelu

Genome Biologist. Medical Research Council Laboratory of Molecular Biology, Cambridge. Research Director, European Ayurveda Association. (Cambridge/UK)

Dra. Lola de la Puerta

Integrative medicine and anti-aging health. (Madrid/SP)

Program Committee / Complementary and Integrative Health

Dra. Cristina Abadia, Chair

Integrative Medicine Unit, Terrassa Health Consortium. (Barcelona/SP)

Dr. David Vinyes

Director médico del Institut de Terapia neural i Medicina Reguladora. Miembro del Comité Científico y Ético de la International Federation of Medical Associations of Neural Therapy. (Austria)

Prof. Mary Jo Kreitzer

University of Minnesota, Minneapolis, MN. (US)

Dra. Mar Begara

Medical doctor. Specialist in Pediatrics and Homeopathic Therapy, expert in Orthomolecular Nutrition and Microimmunotherapy. ICU, HM hospitals. Integrative Medicine Unit. (Madrid/SP)

Prof. Phillippe Villeneuve

Posturology Université de Bourgogne. (París/FR)

Prof. Neus Esmel

Member of SESMI, Faculty of nursing, URV. Head in Esmel Therapy Center. (Tarragona/SP)

Organizing Committee

Dra. Ana Alesón Cabrerizo

MD Natural and Integrative Medicine. (Barcelona/SP)

Dra. Margarita de Legorburu Bella

MD. Master in Acupuncture. (Barcelona/SP)

Dr. Luis Hortal

Family Phisian, Centro de salud Ghandi. Homeophatic doctor. (Madrid/SP)

Laia Masllorens

Nurse. Postgraduated in Family Health. Integrative Medicine. (Barcelona/SP)

Dra. Gilda Carvajal Rojas

MD anestesiology. Master in Acupuncture. (Barcelona/SP)

Prof. Neus Esmel Esmel

Faculty of nursing, URV. Head in Esmel Therapy Center. (Tarragona/SP)

Pili Justo Sales

Biology. Specialist in cell regeneration and immunology. (Barcelona/SP)

Susagna Muns

Integrative Nutritionist. Ketogenic Diet Specialist. (Barcelona/SP)

Beatriz Daza Molina

MD in Palliative Care. Diploma in Tradicional Chinese Medicine. (Madrid/SP)

Dra. Isabel Giralt

MD Acupuncture and Natural Medicine. Clinic ENERGIMED. Health Acupuncture Unit, Dexeus. University Women's Clinic. (Barcelona/SP)

Dra. Peña Martín Romero

Podiatrist. Specialized in Podoposturology and láser therapy. (Barcelona/SP)

Rocío Ripoll

Pharmacist and integrative Nutritionist. Specialized in Pharmacogenetics and Nutrigenetics. (Barcelona/SP)

Advisor Scientific Committee

Prof. Serena Brigidi

URV, Tarragona. ŪVIC, Girona (SP). Ph.D Medical Anthropology, Departament Ciències Socials i Benestar. Facultat de Ciències de la Salut i Benestar. UVic-UCC

Prof. Lina Masana

University of Barcelona (UB) / Medical Anthropology Research Centre (MARC-URV)

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Loughborough University (UK)

Prof. Margaret Hanser

San Francisco university (California/USA)

Prof. Montserrat Edo

Escola Universitaria Gimbernat (UB), Barcelona (ES)

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44TIMETABLE

FRIDAY, SEPTEMBER 13 PRE-CONGRESS WORKSHOPS

	ROOM A		ROOM B	ROOM C
	WORKSHOP 1 Acupuncture		WORKSHOP 5	WORKSHOP 4
09:00 - 11:30	How different experts treat same joint pain with Acupuncture. Brinkhaus B (DE), Cummings M (UK), Vas J (SP), Tegiacchi T (SP), Daza B (SP)	9:00 -10:45	Wellness and healing through the voice and the sound. Kistemaker J (Pontevedra/SP)	Gut microbiota and cancer, the importance of lifestyles: Designing a Project. Sanchez C (Madrid/SP)
11:30 - 12:30	Pediatrics in Acupuncture. Martínez E (SP)	10:45-12:45	WORKSHOP 6 Towards a guide for preventing of exposure to endocrine disruptors. Olea N (Granada/SP)	WORKSHOP 7 Miofascial trigger points and laser therapy. Martín Romero P (Madrid/SP). Laura Planas Ortega

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FRIDAY, SEPTEMBER 13 CONGRESS

MAIN AUDITORIUM	PLENARY SESSION I: CONGRESS OPENING. RESEARCH. Musical opening: Kistemaker J (ND) Welcome. Willich S, Menassa A, Esmel N, Tinao JF, Giralt I Video greeting: Weil A (Tucson, Arizona/USA)	KEYNOTE 1: Overall situation and future of Integrative Medicine in Germany. Brinkhaus B (Berlin/DE) KEYNOTE 2: Current situation and research in integrative medicine in the US. Kreitzer MJ (Minneapolis/Minnesota/USA) KEYNOTE 3 Integrative Medicine: the Italian situation. Rossi E (Tuscany/IT) KEYNOTE 4 Integrative Medicine in Australia: Research and evolution. Prof Avni Sali (Melbourne/AU) KEYNOTE 5 Present and future of Integrative Medicine in Japan. Suzuki K (JP) KEYNOTE 6 Integrative Medicine: Current scientific progress in Spain. Gascón P (Barcelona/SP)	ESIM / HEEL 2019 prize to the best article of the year 2018 Presentation of the next ESIM Congress London 2020	17:00 Coffee break in the exhibition area	DISCUSSION on Environmental health: healthy spaces and homes. Chemical contamination. 18:30 Eres N (Barcelona/SP), León P (Barcelona/SP), Muñoz-Calero P (Madrid/SP), Santana C (Barcelona/SP), Olea N (Granada/SP), Sabater-Tobella J (Barcelona/SP)	O Pharmacogenetics: The pathway to personalized therapeutics. Sabater-Tobella J (Barcelona/SP)	19:15 POSTER SESSION	5 Welcome reception in the exhibition area	5 ESIM Annual Assembly
		14:00 - 17:00		16:30 - 17:00	17:00 - 18:30	18:40	18:45 - 19:15	19:15	19:45

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SATURDAY, SEPTEMBER 14

PLENARY SESSION II: CHI KUNG PLENARY SESSION II: CHI KUNG		MAIN AUDITORIUM	ROOM A	ROOM B	ROOM C	ROOM D/E
PLENARY SESSION II: Ceffee break in the exhibition area KEYNOTE: Vitamin C and the exhibition area and cancer: Towards an integrative pathway of molecular research and clinical practice. Aguilera O (Madrid/SP) PLENARY SESSION III: AND TRADITIONAL Abadia C (Barcelona/SP) Thangavelu M (Cambrigde/) Baars E (Driebergen/NL) Granso B (Barcelona/SP) Thangavelu M (Cambrigde/) Gramso B (Barcelona/SP) Thangavelu M (Cambrigde/) Gramso B (Barcelona/SP) Schwartz A (Madrid/SP) POSTER SESSION CLINICAL CARE KEYNOTE: Atypical risk factors in cardiovascular factors in cardiovascular mand integrative health. ROUND TABLE: Woman and integrative health. Medicine and steps of factors in cardiovascular factors in cardiovascular mand integrative health. Medicine and steps of disease: early detection in rear and cancer Toward SP) Medicine and steps of disease: early detection in rear and and steps of disease: early detection And integrative health. Medicine and steps of disease: early detection is not prevention. And integrative health. Medicine and steps of disease: early detection is not prevention. And integrative health. Medicine and steps of disease: early detection And integrative health. Medicine and steps of disease. And integrative health. Symposium. Treating stress A (Madrid/SP) Carrago de la Rosa JC (Sevilla) Span E (Dicebergen/NL) Granso B (Barcelona/SP) Chronic pain with Integrative Medicine. Shaw W (Georgia/USA) Schwartz A (Madrid/SP)	7:00 - 8:00		Morning Activities: CHI KUNG			
KEYNOTE: Vitamin C and cancer: Towards an integrative pathway of canical practice. KEYNOTE: Integrative and cancer: Towards and cancer: Towards and cancer: Towards and cancer: Towards and edicine and steps of molecular research and clinical practice. Aguilera O (Madrid/SP) PENARY SESSION III: INTEGRATIVE MEDICINE Abadia C (Barcelona/SP) Abadia C (Barcelona/SP) Carrasco B (Barcelona/SP) Carracco B (Barcelona/SP)	8:00 - 10:00	PLENARY SESSION II: CLINICAL CARE Fernández C (Barcelona/SP) La Rosa C (Tarragona/SP) Kreitzer MJ (Minnesota/USA) Gramminger H (Colonia/DE) Aleson A (Barcelona/SP)				
KEYNOTE: Vitamin C and cancer: Towards and	10:00 -10:30	Coffee break in the exhibiti	ion area			
PLENARY SESSION III: INTEGRATIVE MEDICINE AND TRADITIONAL AND TRADITIONAL Abadía C (Barcelona/SP) Christian Session Abadía C (Barcelona/SP) Christian Abadía C (Barcel	10:30 - 11:00	KEYNOTE: Vitamin C and cancer: Towards an integrative pathway of molecular research and clinical practice.	KEYNOTE: Integrative Medicine and steps of treatment. Crespo de la Rosa JC (Sevilla/ SP)	KEYNOTE: Atypical risk factors in cardiovascular disease: early detection is not prevention. Mejía S (Málaga/SP)	ROUND TABLE: Woman and integrative health. Menassa A (Madrid/SP) Carvajal G (Barcelona/SP) Giralt I (Barcelona/SP)	ORAL
POSTER SESSION	11:00 - 12:30	PLENARY SESSION III: INTEGRATIVE MEDICINE AND TRADITIONAL MEDICINE. Abadía C (Barcelona/SP) Thangavelu M (Cambrigde/GB) Rossi E (Tuscany/IT) O'byrne A (Cali/CO)	Current and future perspectives of IM for children. Begara M (Madrid/SP) Baars E (Driebergen/NL) Carrasco B (Barcelona/SP) Shaw W (Georgia/USA)	SYMPOSIUM. Treating stress, anxiety and chronic pain with Integrative Medicine. Vinyes D (Barcelona/SP) López M (Girona/SP) Schwartz A (Madrid/SP)	Vives C (Tarragona/SP) Salgado C (Madrid/SP) Brigidi S (Girona/SP) Santoro V (Barcelona/SP)	COMMUNICATIONS
LUIICII III CIIG CAIIIDICIOII AI CA / SESIVII	12:30 - 13:30	POSTER SESSION Lunch in the exhibition area / SESMI		ibly (Room A)		

	MAIN AUDITORIUM	ROOM A	ROOM B	ROOM C	ROOM D/E
15:00 - 16:30	ROUND TABLE. Advances and care in integrative oncology. Abanades S (Barcelona/SP) Espinosa J (Ciudad Real/SP) Álvaro T (Tarragona/SP) Gascón P (Barcelona/SP) Presentation of the book "Oncología Integrativa. Manual básico y clínico" of SESMI	Integrative experiences. Gunnarsdóttir TJ (Reikiavic/IS) Perez-Calvo J (Barcelona/SP) Martin S (Barcelona/SP) Hansen M (Boston/US)	SYMPOSIUM. Homeopathy: research and current status. Rossi E (Tuscany/IT) Díaz G (Madrid/SP) López Márquez Y(Lyon/FR)	ORAL	ORAL
16:30 - 17:00	Coffee break in the exhibition area	on area			
17:00 - 18:30	PLENARY SESSION IV: Biological practice. Resilience of the intestinal microbiota: Impact on health and disease. Montoro A Valencia (SP) Rigau J (Tarragona/SP) De la Puerta L (Madrid/SP) Shaw W (Georgia/USA)	ROUND TABLE. Acupuncture techniques in pain management, some examples. Mata J (Illes Balears/SP) Vas J (Sevilla/SP) Brinkhaus B (Berlin / DE) Cummings M (London/UK)	Phytotherapy. Antiaging. Cell lines. Cañigueral S (Barcelona/SP) Salgado C (Madrid/SP)	Lyme Disease. Navarro C (Madrid/SP) De Sedeleer P (BG) Dr. Schwarbach A (Augsburg/DE)	ORAL
18:30 - 19:15	POSTER SESSION				
21:00	SOCIAL EVENING CONGRESS DINNER. Restaurant The		Chipiron (Bus departure at 20.30h)		

SUNDAY, SEPTEMBER 15

	MAIN AUDITORIUM	ROOM A	ROOM B
07:15 - 08:15		MORNING ACTIVITIES Dynamic meditation of the hearth chakra.	MORNING ACTIVITIES Awakening of body and soul.
09:00 - 10:30	Complementary therapies and integrative medicine: the essence of globality. Jauset JA (Barcelona/SP), Amezága MA (Roquetes, Tarragona/SP), Kistemaker J (NL), Garcia D (Madrid/SP), Fernández- Cervilla AB (Barcelona/SP)	ROUND TABLE. New strategies in IM Pellicer C (Barcelona/SP) De la Serna D (Madrid/SP) O'Byrne A (Cali/CO) Verdaguer X (Barcelona/SP)	MASTERCLASS How to Get Published Inside tips from the Editors in Chief and Publisher of three international journals. Taylor A, Rankin-Box D, Pendry B, Prada V
10:30 - 11:00	MEDICAL GEOLOGY. Contributions / perspectives from Medical Geology. Gimenez-Forcada E (Castellón/SP)		
11:00 - 11:30	Coffee Break in the exhibition area		
11:30 - 12:30	The future in Integrative Health Willich S (Berlin/DE), Šendula-Jengić, V (Rijeka/HR)	Ayurveda symposium Gramminger H (Colonia/DE) Carolin V (Barcelona/SP) Thangavelu M (Cambridge/GB)	Posturology in Integrative Health Contribution of Posturology in the treatment of chronic rachialgias. Villenueve P (París/FR)
12:30	Presentation by the Observatory of Integrative Medicine		
12:35	Act of collaboration between SESMI and the Japanese Society of Integrative Medicine		
12:45	INTERACTIVE DISCUSSION. Integrating the IM to the Health System. Rossi E (Tuscany/IT), Willich S (Berlin/DE), Mugarra I (Pamplona/SP), Duran JC (Canarias/SP), Gordillo C (Barcelona/SP) and Abadia C (Barcelona/SP), Montserrat D (Barcelona/ Spain)		
14:00	Award ceremony (prizes to the best oral comunications and posters for ECIM2019)		
14:15	Presentation of the next European Congress of Integrative Medicine - London 2020 Closing Ceremony		

PROGRAM



FRIDAY, SEPTEMBER 13 PRE-CONGRESS WORKSHOPS

R	0	0	M	A

09:00 - 12:00 Workshop 1

ACUPUNCTURE

Moderates Giralt I (SP)

09:00 - 11:30 How different experts treat same joint pain with Acupuncture.

Co-organized by SESMI /BMAS Brinkhaus B (DE), Cummings M (UK),

Vas J (SP), Tegiacchi T (SP), Daza B (SP)

11:30 - 12:30 **Pediatrics in Acupuncture.**

Martínez E (SP)

ROOM B

09:00 - 10:45 Workshop 5

Wellness and healing through the voice and the sound.

Kistemaker J (Pontevedra/SP). Moderates Esmel N (Tarragona/SP).

11:00 - 12:45 **Workshop 6**

Towards a guide for preventing of exposure to endocrine

disruptors.

Olea N (Granada/SP).

Moderates Justo P (Barcelona/SP).

ROOM C

09:00 - 10:45 Workshop 4

Gut microbiota and cancer, the importance of lifestyles:

Designing a project Sanchez C (Madrid/SP).

Moderates Aleson A (Barcelona/SP).

11:00 - 12:45 **Workshop 7**

Miofascial trigger points and laser therapy.

Martín Romero P (Madrid/SP). Laura Planas Ortega.

Moderates Esmel N (Tarragona/SP).

12:30 - 14:00 LUNCH ON OWN

FRIDAY, SEPTEMBER 13 CONGRESS

11:00 **REGISTRATION DESK OPENS**

MAIN AUDITORIUM

14:00 - 17:00	PLENARY SESSION I: CONGRESS OPENING. RESEARCH. Chair: Giralt, I (Barcelona/SP), Brinkhaus, B (Berlin/DE)
14:00	Musical opening: Kistemaker J (ND)
14:10	Welcome Willich S for ESIM (Berlin/DE) Menassa A for SESMI (Madrid/SP) Esmel N President of the Scientific Committee (Tarragona/SP) Tinao JF co-founder of SESMI (Madrid/SP) Giralt I congress chair (Barcelona/SP)
14:25	Video greeting: Weil A (Tucson, Arizona/USA)
14:30	KEYNOTE 1: Overall situation and future of Integrative Medicine in Germany Brinkhaus B (Berlin/DE)
14:45	KEYNOTE 2: Current situation and research in integrative medicine in the US Kreitzer MJ (Minneapolis/Minnesota/USA)
15:00	KEYNOTE 3 Integrative Medicine: the Italian situation Rossi E (Tuscany/IT)
15:15	KEYNOTE 4 Integrative Medicine in Australia: Research and evolution Prof Avni Sali (Melbourne/AU)
15:30	KEYNOTE 5 Present and future of Integrative Medicine in Japan Suzuki K (JP)
15:45	KEYNOTE 6 Integrative Medicine: Current scientific progress in Spain Gascón P (Barcelona/SP)
16:15	ESIM / HEEL 2019 prize to the best article of the year 2018
	Presentation of the next ESIM Congress London 2020
16:30 - 17:00	Coffee break in the exhibition area
17:00 - 18:30	DISCUSSION on Environmental health: healthy spaces and homes. Chemical contamination. Chair: Abanades S (Barcelona/SP)

Eres N (Barcelona/SP)	
17:20 Do you live in a healthy space? León P (Barcelona/SP)	
17:40 Environmental toxins as triggers of multiple pathologies. Muñoz-Calero P (Madrid/SP)	
18:00 Resilient and healthy cities. Santana C (Barcelona/SP)	
18:20 Human exposure to endocrine disruptors and the consequences for health. Olea N (Granada/SP)	
18:40 Pharmacogenetics: The pathway to personalized therapeutics. Sabater-Tobella J (Barcelona/SP)	
18:45 - 19:15 POSTER SESSION	
19:15 Welcome reception in the exhibition area	
19:45 ESIM Annual Assembly	

SATURDAY, SEPTEMBER 14

ROOM A

07:00-08:00 **MORNING ACTIVITY**

CHIKUNG.

García D (Madrid/SP)

MAIN AUDITORIUM

08:30-10:00	PLENARY SESSION II: CLINICAL CARE Chair: Aleson A (Barcelona/SP)
8:30	Integrating acupuncture techniques into the treatment of COPD. Fernández C (Barcelona/SP)
8:50	Aromatherapy for pain management and anxiety during the first stages of labour in a public Spanish hospital. La Rosa C (Tarragona/SP)
9:10	Cultivating wellbeing in our lives and organizations. Kreitzer MJ (Minneapolis/Minnesota/USA)
9:30	Cost and health benefits from integrating New Age AYURVEDA into European and U.S. heatlh systems Gramminger H (Colonia/DE)
9:45	Questions and remarks
10:00-10:30	Coffee break in the exhibition area
10:30	KEYNOTE: Vitamin C and cancer: Towards an integrative pathway of molecular research and clinical practice. Aguilera O (Madrid/SP). Chair: Menassa A (Madrid/SP)
10:55	Questions and remarks
11:00 - 12:30	PLENARY SESSION III: INTEGRATIVE MEDICINE AND TRADITIONAL MEDICINE. Chair: Benno Brinkhaus (Berlin/DE)
11:00	Integrative Medicine in a Spanish public hospital. Abadía C (Barcelona/SP)
11:20	The Future of Comprehensive Patient Care. Thangavelu M (Cambrigde/GB)
11:40	Integrative oncology: European and international perspectives. Rossi E (Tuscany/IT)
12:00	Vitamin C from micro to macro essential nutrient: Changing the paradigm. O'byrne A (Cali/CO)
12:20	Questions and remarks

ROOM A	
10:30	Integrative Medicine and steps of treatment. Crespo de la Rosa JC (Sevilla/SP). Chair: Rodríguez P (Alicante/SP)
10:55	Questions and remarks
11:00 -12:30	DISCUSSION PANEL. Current and future perspectives of IM for children. Chair: Cummings M (London/UK)
11:00	Immunity or the importance of the first thousand days of life. Begara M (Madrid/SP)
11:20	The contribution of CAM to reduce antibiotic use and AMR. Baars E (Driebergen/NL)
11:40	What can reflexology do for children with cancer? Carrasco B (Barcelona/SP)
12:00	Biological Treatments for Autism and PDD. Shaw W (Georgia/USA)
12:20	Questions and remarks
ROOM B	
10:30	KEYNOTE: Atypical risk factors in cardiovascular disease: early detection is not prevention. Mejía S (Málaga/SP). Chair: Mata J (Illes Balears/SP)
10:55	Questions and remarks

10.50	early detection is not prevention. Mejía S (Málaga/SP). Chair: Mata J (Illes Balears/SP)
10:55	Questions and remarks
11:00 -12:30	SYMPOSIUM. Treating stress, anxiety and chronic pain with Integrative Medicine. Chair: Daza B (Madrid/SP)
11:00	Neural Therapy, Vegetative Nervous System and Fascia: broad-spectrum regulatory therapy.
11:30	Vinyes D (Barcelona/SP) Integrative odontology: the mouth's impact on bioregulation. López M (Girona/SP)
12:00	Ozonotherapy. Schwartz A (Madrid/SP)
12:20	Questions and remarks

ROOM C

10:30 - 12:30	ROUND TABLE: Woman and integrative health. Chair: Esteve E (Barcelona/SP)
10:30	Integrative approach to premenstrual syndrome. Menassa A (Madrid/SP)

10:45	Fertility and acupuncture. Carvajal G (Barcelona/SP) and Giralt I (Barcelona/SP)
11:00	Reflexology and assisted reproduction. Vives C (Tarragona/SP)
11:15	Micronutrients and their effect on fertility. Salgado C (Madrid/SP)
11:30	After obstetric violence: The integration of the agency. Brigidi S (Girona/SP)
11:45	Non-conventional therapies in women with breast cancer and their relation with conventional therapies. Santoro V (Barcelona/SP)
12:20	Discussion
ROOM D	
10:30 - 13:30	ORAL COMMUNICATIONS
10:30	Role of Potassium (K) in Reducing Joint Pain in Rheumatoid Arthritis (RA): A Randomized Controlled Study of K Enriched Vegetarian Diet In Patients on Standard Care. Chopra, A
10:40	Four-year long-term effects of a Multimodal and combined Multimodal-Aerobic Therapy in Breast Cancer Survivors with Cancer-Related Fatigue (CRF) on hygio-and salutogenic measures and their impact on CRF – results of a comprehensive cohort design study. Kröz, M
10:50	Prolonged overall survival in patients with metastasized non-small cell lung carcinoma after combined treatment of adjuvant chemotherapy and Viscum album L. versus chemotherapy alone, a multicentre real-world data analysis. Schad, F
11:00	Herbal Formula improves upper and lower gastrointestinal symptoms: The Gut Relief Study. Travica, N
11:10	Repeatability & responsiveness of the warwick holistic health Questionnaire. Brough, N
11:20	New Integrative Cancer Care Expert Platform in Brussels for Advancing the Research of Comprehensive Patient Care – Opportunities for the Future. Pots, Y
11:30	Beyond miracles: a qualitative study of the healing effects of pilgrimage to Lourdes. Rahtz, E
11:40	Solasodine rhamnose glycosides, review of 3 decades of clinical experience in the natural treatment of neoplastic skin lesions. Cornu Labat, G
11:50	Treating uncontrolled hypertension with Hibiscus sabdariffa when standard treatment is insufficient: pilot intervention. Alanbaki, MA

	12:00	Biomedical approach in autism spectrum disorders – the importance of assessing inflammation. Mijatovic, T
	12:10	Integrative treatment of community acquired pneumonia (CAP) without antibiotics. Geyer, U
	12:20	Dyadic Integrative Exercise for Persons with Dementia and their Care Partners. Mehling, W
	12:30	Plasma Vitamin C Concentrations and Cognition: A Cross-sectional Study. Travica, N
	12:40	Living with chronic pain - an existential and molecular perspective following integrative health care provision. Rönne-Petersen, L
	12:50	Environmental and neurodevelopmental factors. Mira Sánchez, R
	13:00	Prostate health: inflammation, Cancer and advanced Cancer. Beljanski, S
	13:10	An integrative approach for acute Peritonitis: a retrospective sutdy of 517 patients. Estrems Membrado, M
	13:20	Hepatic failure of a Breast Cancer Patient improved by administration of Silibinin and other adjuvants. Stuer, H
ROOM	' E	
	- 13:30	ORAL COMMUNICATIONS
		ORAL COMMUNICATIONS Holographic analysis of the blood – a 40 years review. Bigelsen, A
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11:30	Clinical study on the efficacy of pluralistic homeopathy in asthma. Zueras Gelabert, R
11:40	Indications of Calendula according to the levels of evidence. Nolla Benavent, M
11:50	The efficacy of Homeopathy in the treatment of acute otitis in children. Macrì, F
12:00	Launching a Collaborative International Medical Education Initiative in Integrative Oncology: Lessons from a MOOC on Herbal Medicine. Baruch, E
12:10	International cross-sectional study on the effectiveness of biofield therapy for the relief of various symptoms. Suzuki, K
12:20	"Electroacupuncture vs. Sham procedure for the treatment of fatigue in patients with quiescent inflammatory bowel disease". Tegiacchi Schvetz, M
12:30	"Words that treat". An Internet-based teaching of "Crisis dialogue", a verbal tool for the care of acute psychosis. Pilot intervention Graz, B
12:40	A three year observational study of a standardized Ayurvedic medicine (RA-1) in the treatment of Rheumatoid Arthritis (RA) and if required in combination with modern medicine disease modifying anti-rheumatic drugs (DMARD): An integrative medicine approach. Chopra, A
12:50	Reversal of grades in Avascular Necrosis of Hip Joint through Ayurveda Panchakarma Treatment: Case Series of Seven Patients. Sharma, P
13:00	Retrospective study of a standardized acupuncture/acupressure protocol for hot flushes in women with breast cancer. Zurron, N
13:10	Acupuncture and Moxibustion in the treatment of breech presentation at the Hospital Sant Joan de Déu. Domingo Gómez, C
13:20	Clowns in Hospitals: Promoting Resilience, Well-Being, and the Systematic Transformation of Healthcare. Culen, M
12:30 - 13:30	POSTER SESSION
13:30 – 15:00	Lunch in the exhibition area / SESMI General Assembly

MAIN AUDITORIUM

15:00-16:30	ROUND TABLE. Advances and care in integrative oncology. Chair: Montoro A (Valencia/SP)
15:00	Scientific evidence from meta-analysis and systematic reviews of complementary therapies in oncology. Abanades S (Barcelona/SP)
15:20	Comprehensive management of cancer patients. Espinosa J (Ciudad Real/SP)
15:40	Make Love Not War: An integral vision of cancer. Álvaro T (Tarragona/SP)
16:00	How can we "integrate" an "Integrative Oncology" Division into a Hospital? Gascón P (Barcelona/SP)
16:20	Questions and remarks
	Presentation of the book "Oncología Integrativa. Manual básico y clínico" of SESMI
16:30 -17:00	Coffee break in the exhibition area
17:00 - 18:30	PLENARY SESSION IV: BIOLOGICAL PRACTICE. RESILIENCE OF THE INTESTINAL MICROBIOTA: IMPACT ON HEALTH AND DISEASE. Chair: Mejía S (Málaga/SP)
17:00	Controversy around the use of oral and tropical radioprotectors in medical treatment using ionizing radiation: from basic research to clinical practice. Montoro A Valencia (SP)
17:20	The efficacy of micro-immunotherapy as a low-dose therapy. Rigau J (Tarragona/SP)
17:40	Microbiota and the immune system. De la Puerta L (Madrid/SP)
18:00	Toxic chemicals and their effects on health. Shaw W (Georgia/USA)
18:20	Questions and remarks
ROOM A	
15:00 - 16:30	Integrative experiences. Chair: Abadia C (Barcelona/SP).
15:00	Complementary Therapies in Iceland nursing homes. Gunnarsdóttir TJ (Reikiavic/IS)
15:20	Dietary Therapy and Food in Cancer. Adjuvant Treatment. Evidence and Strategy. Perez-Calvo J (Barcelona/SP)

15:40	Ferritin and cancer: How to make virtue of the problem. Martin S (Barcelona/SP)
16:00	Shinrin-yoku: environments for purposeful integrative healing. Hansen M (Boston/US)
16:20	Questions and remarks
16:30 - 17:00	Coffee break in the exhibition area
17:00 - 18:30	ROUND TABLE. Acupuncture techniques in pain management, some examples. Chair: Giralt I (Barcelona/SP)
	Use of acupuncture in a pain unit. A review of over 10 years of practice. Mata J (Illes Balears/SP)
	Auriculopuncture: Treatment of lumbar and pelvic pain in pregnant women. Vas J (Sevilla/SP)
	Research into atopic dermatitis and allergic rhinitis. Brinkhaus B (Berlin / DE)
	A new research direction from the Asia. Cummings M (London/UK)
18:20	Questions and remarks
ROOM B	
15:00 – 16:30	SYMPOSIUM. Homeopathy: research and current status. Chair: Hortal L (Madrid/SP)
15:00 – 16:30	
15:00 – 16:30	Chair: Hortal L (Madrid/SP) 20 years of integration of homeopathy in the Public Health System of the Region of Tuscany and the experience of the Homeopathic Clinic of the Hospital of Lucca (Italy).
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ROOM C

15:00 - 16:30	ORAL COMMUNICATIONS
15:00	Effect of yoga on pain, functional disability and corticomotor excitability in chronic low back pain patients. Arya, S
15:10	A Randomized Controlled Trial of mHealth Mindfulness Intervention for Cancer Patients and Informal Cancer Caregivers -A feasibility study within an integrated healthcare delivery system. Kubo, A
15:20	Occlusal disorders rehabilitation through non-occlusal therapy. Gianazza, MC
15:30	A randomized controlled clinical trial investigating the efficiency of physiotherapy on low back pain. Ozunlupekyavas, N
15:40	Effects of Reflexotherapy on postural control measured with stabilometric platform. Tomás-Esmel, E
15:50	Stress reduction and team enforcement by Mindfulness: Mindfulness based intervention (StreAM). Mueller-Kaeser, I
16:00	Is Posturescreen® mobile app an accurate tool for male and females to evaluate the correlation between age, body mass index, soft tissue problems and posture? Baltaci, G
16:10	Effectiveness of Osteopathy in Professional Violinists and Violists with Chronic Neck Pain: Results of a Randomized Controlled Trial. Rotter, G
16:30 -17:00	Coffee break in the exhibition area
17:00 - 18:30	LYME DISEASE Chair Abanades S (Barcelona/SP)
	The importance of anamnesis in Lyme Disease and coinfections: fundamental aspects and challenges that we face. Navarro C (Madrid/SP)
	Lyme as a multi-systemic disease. Setting up a complete functional Lyme protocol. De Sedeleer P (BG)
	Modern testing for Lyme and coinfections. Dr. Schwarbach A (Augsburg/DE)
18:20	Questions and remarks

ROOM D

15:00 - 16:30	ORAL COMMUNICATIONS
15:00	From EBM to Real Life Medicine, the way to manage chronicity. Santini, G
15:10	Case study projects by a Korean national research agency: Past 12 years and future. Kim, S
15:20	Role of hetero-polysaccharides derived from rare medicinal mushrooms in Chemoprevention and Carcinogenesis". Laudanovic, V
15:30	Patients> experiences attributed to the use of Angelica archangelica. Results of a qualitative study and clinical implications for the field of complementary medicine. Canella, C
15:40	Key Points for Establishing and Implementing an Integrative Medicine Service for Hospitalized Patients. Schiff, E
15:50	INTEGRATIVE SURGERY: FROM MINIMUM INVASION TO MAXIMUM CARE. Ortiz Oshiro, E
16:00	Viscum album: ideal complementary treatment in oncological immunotherapy. Botero Gomez, JC
16:10	Brief analysis of the Sport-Ginseng relationship, from the perspective of PubMed publications. Jurcau, R-N
16:20	Prooxidative effects of sulforaphane in human T cells: Beneficial in chronic inflammatory diseases, but potentially harmful in immunotherapy of cancer. Samstag, Y
16:30 -17:00	Coffee break in the exhibition area
17:00 - 19:15	ORAL COMMUNICATIONS
17:00	Maternities. Woman and creative will. Cuevas Expósito, M
17:10	Healthy parents, Healthy children. Healing the next generation by using the purest ingredients: Superfoods, Homeopathy and Biofield therapy. Uzelac, B
17:20	Establishing Integrative Care for Children with Cancer - The Nurse Perspective. Stritter, W
17:30	Education of feelings through flowers. Inao, Y
17:40	THE EFFECTS OF THORACOLUMBAR FASCIA TAPING ON POSTERIOR CAPSULE TIGHTNESS IN PATIENTS WITH SUBACROMIAL IMPINGEMENT SYNDROME. Ozunlu Pekyavas, N

17:50	A novel highly effective and simple face-lifting procedure for beauty acupuncture. Hera, \ensuremath{T}
18:00	Depression: Evidence in structural neuroimaging. Contreras, S
18:10	The most prevalent health burdens in subjects diagnosed with respiratory system ailments found by bioresonance. Rome, A
18:20	IMPORTANCE OF ĀHĀRA (DIET), ĀHĀRA-VIDHI VIDHĀNA (DIETARY GUIDELINES) AND AGNI (DIGESTIVE POWER) FOR MAINTAINING HEALTHY LIFE. Kantharia, S
18:30	Simple novel symmetric acupuncture therapy with 7 press needles is effective for muscle pain and stiffness. FUJIWARA, R
18:40	Clinical thermography applied to Health Sciences. Rodríguez Picazo, P
18:50	Bioenergy Healing within the Comprehensive Patient Care. Pfeiffer, T
ROOM E	
15:00 - 17:00	ORAL COMMUNICATIONS
15:00	An exploration into the impact of cultural health perceptions and traditional medicineapproachesondietaryintakeofBMEpopulationsintheUK. Braithwaite, P
15:10	Biophisic and Epigenetic: new paradigms for preventive and predictive medicine. Scalabrino, A
15:20	How the Idea of Boundaries Helps Us to Understand Our Patients as Embodied Human Beings: A Literature Analysis of Psychosomatic Foundations and the Concept of Embodiment.
15:30	Walther, J Incorporation of holistic medicine into academic healthcare setting. Parikh, C
15:40	Health Beyond Healing: A course to activate Salutogenesis by building Somatic Sense of Coherence. Jurisic, D
15:50	Together in Integrative Medicine - A New Multi-Professional Diploma Training in Integrative Medicine. Still, D
16:00	Re-engineering the health system for South African traditional healthcare. Falkenberg, T
16:10	The attention of Traditional and Complementary Medicine in Mexico. Leyva Mendoza, E
16:20	Prevention in Unconventional Medicine. Fagioli, R

16:30 -17:00	Coffee break in the exhibition area
17:00 - 19:00	ORAL COMMUNICATIONS
17:00	NORDENSTRÖM & PISCHINGER, 2 revoluciones paralelas. Oliva, AM
17:10	Novel Modality in Supportive Adjunct to Pain Management. Brasovan, S
17:20	Prophylactic Acupuncture Treatment during Chemotherapy in Patients with Breast Cancer – Results of the Qualitative Study Part. Stöckigt, B
17:30	Integrative health immersion retreats: a mixed methods observational study with -12month follow-up. Warber, S
17:40	Integrating Cupping Therapy (Al-Hijama) in the Treatment of Tinnitus, Dizziness, Hearing Loss in Inner Ear Pathologies: A before-and-after Pilot Study. Almusleh, Z
17:50	The role of context effects in acupuncture practice: a qualitative study based on semi-structured interviews with acupuncturists in three different locations. Theiss, S
18:00	Hirudotherapy in minor replantation or finger revascularization salvage: 5 Years Clinical Results and Experiences of a Level III City Trauma Hospital. Gürbüz, K
18:10	The "Taricco Method" for the quantitative study of the verbal reactivity to EMDR stimulation. Taricco, M
18:20	Microwave treatment for bone metastases of cancer. Maeda, K
18:30	Tao Calligraphy Tracing Meditation With Chanting Mantra Improves Quality of Life SF 36 Scores in 6 months. Hudoba, P
18:40	The Power of Touch: External Applications in the Care of Cancer Patients (Literature Review). Mühlenpfordt, I
18:50	The potential of videography and expert interviews for differentiating between motivation and need for recreation of neurorehabilitation patients in physiotherapy and music therapy sessions Wenzel, C
18:30 - 19:15	POSTER SESSION
21:00	SOCIAL EVENING
	CONGRESS DINNER. Restaurant The Chipiron

(CC Maremagnum, Muelle de España, 5 - 08039 Barcelona) Bus departure from Hotel Barceló Sants at 20:30h

SUNDAY, SEPTEMBER 15

ROOM A

07:15 – 08:15 MORNING ACTIVITIES

Dynamic meditation of the hearth chakra.

Rodríguez P (Alicante/SP)

ROOM B

07:15 – 08:15 MORNING ACTIVITIES

Awakening of body and soul.

Soler C (Tarragona/ES), Casanova B (Tarragona/ES)

MAIN AUDITORIUM

09:00 - 10:30	PLENARY SESSION V. COMPLEMENTARY THERAPIES AND INTEGRATIVE MEDICINE: THE ESSENCE OF GLOBALITY. Chair: Masllorens L (Barcelona/SP)
09:00	The potential and influence of music on health. Jauset JA (Barcelona/SP)
09:15	Comprehensive approach to health through holistic kinesiology. Amezága MA (Roquetes, Tarragona/SP)
09:30	In resonance with the body. Kistemaker J (NL)
09:45	Effects of Chikung on health. Garcia D (Madrid/SP)
10:00	Reiki as a Complementary Therapy. Fernández- Cervilla AB (Barcelona/SP)
10:15 10:30	Questions and remarks MEDICAL GEOLOGY. Contributions / perspectives from Medical Geology. Gimenez-Forcada E (Castellón/ SP). Chair: Masllorens L (Barcelona/SP)
11:00 -11:30	Coffee Break in the exhibition area
11:30 - 12:30	The future in Integrative Health. Chair: Giralt, I (Barcelona/SP)
11:30	Art in the hospital of the future.

Willich S (Berlin/DE)

11:50	Integrative medicine approaches to treatment in psychiatry. Šendula-Jengić, V (Rijeka / HR)
12:20	Questions and remarks
12:30	Presentation by the Observatory of Integrative Medicine
12:35	Act of collaboration between SESMI and the Japanese Society of Integrative Medicine
12:45	INTERACTIVE DISCUSSION. Integrating the IM to the Health System. Chair: Carnicé E (Sabadell/SP).
	Rossi E (Tuscany/IT), Willich S (Berlín/DE), Mugarra I (Pamplona/ES), Duran JC (Canarias/ES), Gordillo C (Barcelona/ES) Abadía C (Barcelona/ES), Montserrat D (Barcelona/Spain)
14:00	Award ceremony Presented by: Carnicé E (Sabadell/SP).
	Best communications and posters. Menassa A (Madrid/SP), Giralt I (Barcelona/SP) and Esmel N (Tarragona/SP)
	The Tulip Award, Complementary Therapies in Medicine Early Career Research Award 2018
	The ERAIM Award
	European Journal of Integrative Medicine Early Researcher Award for Integrative Medicine 2018.
14:15	Presentation of the next European Congress of Integrative Medicine – London 2020.
	Closing Ceremony
ROOM A	
9:30 - 11:00	ROUND TABLE. New strategies in IM. Chair: Justo P (Barcelona/SP)
09:30	Influences of medicinal mushrooms on immune system functioning: how they can help us. Pellicer C (Barcelona/SP)
09:50	HORMESIS: Strategic interventions for restoring the stress axis. De la Serna D (Madrid/SP)
10:10	Inflammation NOT resolved: the background of chronic degenerative pathology. O'Byrne A (Cali/CO)
10:30	Neuroinflammation: Anxiety, stress and chronic pain. Verdaguer X (Barcelona/SP)

11:00 -11:30 Coffee Break in the exhibition area

11:30 - 12:30 Ayurveda symposium.

Chair: Mejía S (Málaga/SP)

Gramminger H (Colonia/DE), Carolin V (Barcelona/SP)

and Thangavelu M (Cambridge/GB)

ROOM B

9:30 – 11:00 **MASTERCLASS.**

Chair: Díaz G (Madrid/SP)

How to Get Published Inside tips from the Editors in Chief

and Publisher of three international journals.

Taylor A, Rankin-Box D, Pendry B, Prada V

11:00 -11:30 Coffee Break in the exhibition area

11:30 – 12:30 Posturology in Integrative health.

Chair: Martín Romero P (Madrid/SP)

Contribution of Posturology in the treatment of chronic rachialgias.

Villenueve P (París/FR)

LIST OF POSTERS

LIST OF POSTERS

POSTER SESSION 1 13 September, 18:45-19:15h		P10/	Remission of cardiorespiratory insufficiency and apnoea syndrome through micronutrition
P01/	Mindfulness as a Tool in Primary Care	P11/	Blanco M
	Villar Fidalgo M		Micronutrition modifies the evolution of a patient with terminal liver failure
P02/	Naturopathic Treatment and Complementary Medicine in Surgical Practice	P12/	Blanco M
			Randomised study, controlled with placebo to evaluate the neuroprotector effectiveness of a food supplement in oxaliplatin neuropathy
P03/	Ann-Kathrin L		
	The effect of acupuncture on jaw opening range, and temporomandibular joint, and myofascial symptoms in patients with Temporo- Mandibular Disorder (TMD): A Randomized controlled trial		Espinosa Arranz J
			Reflexotherapy user profile of a private centre in Catalonia
			Tomás-Esmel E
P04/	David A Effect of repetitive transcranial	P14/	Ramsay Hunt syndrome and Acupuncture, a case study
	magnetic stimulation on pain and thermal sensitivity in Myofacial Pain Dysfunction syndrome (MPDS)		Giralt I
			Integrating Cupping Therapy in the Management of Sudden Sensorineural Hearing Loss in Meniere's disease: A Case Report
P05/	Arya S		
	Implementation of a Multi-Professional Anthroposophic Treatment Concept in the Geriatrics		Almusleh Z
	Roland Z	P16/	A young man with neurosarcoidosis: Importance of oxidant status for
P06/	Pelvic Outlet Syndrome: A New		pathogenesis and therapy
	Integrative Diagnosis Helps Treatment		Stuer H
P07/	Jurisic D H	P17/	'What can I do?' A young woman with heart failure during oncological therapy
	Cytology-based Circulating-Tumour-Cell (CTC) Screening Test improves detection of prostate cancer		Stuer H
P08/	Sali A	P18/	Kyolic aged garlic extract improves blood pressure, arterial stiffness and gut microbiota in hypertensives: The GarGIC trial
	Multimodal Program of Health Promotion and Quality of Life based on health theory by Mokichi Okada: case reports		
			Ried K
P09/	Ruggerini E M	P19/	Multimodal Program of Health Promotion and Quality of Life based on
	Feasibility and Efficacy of a Writing to Heal workshop within a Single Medical Center		health theory by Mokichi Okada Ruggerini E M

Millstine D

Mental illnesses and the use of P03/ P20/ Quality of life of people suffering from chronic pain may be significantly im integrative therapies. proved by the use of natural oils and Systematic review. diet change Nolla Benavent M Vesovic D **Opinions of Romanian medical doctors** P21/ regarding cassic versus online training P04/ Head lice at school: Natural products on adaptogens from traditional medicine and community engagement with theatre Iurcau R-N and music P22/ Prevalence of health burdens in Campos Nogueira R patients suffering from malignant diseases revealed by bioresonance -P05/ Neural therapy in the healing of our experience chronic ulcer on graft in the scalp Rome A Serrat Bonet M P06/ P23/ Mineral deficiencies and food Neural therapy in the treatment of intolerance in patients suffering from complex regional pain syndrome chronic non-communicable diseases (Sudeck's disease, reflex sympathetic revealed by bioresonance dystrophy) Rome A Gómez Sierra M P24/ Chickens breast meat enriched Concomitant use of natural oils and P07/ with propolis and/or bee pollen diet change may help to reduce some - implications for human health eye symptoms in suffering from allergies Vcev A Jevdic A P25/ Micotherapy and metabolic control P08/ **CLINICAL HIRUDOTHERAPY:** Sacristán Rubio A RHEUMATOID ARTHRITIS P26/ Assessment of the tongue features Sukhov K associated with breast cancer using P09/ **Acupuncture treatment in the Post** automatic tongue diagnosis System operative period of Immediate Breast (ATDS) Reconstruction Lo L Domingo Gómez C **P27/** The Dance Of Electrons. Reduction of allergic reactions in ears The Forgotten Key To Metabolism P10/ and throat by the use of natural oils Oliva Brañas A M and diet change - pilot study levdic A P11/ Acupuncture in the treatment of **POSTER SESSION 2** bruxism and tinnitus 14 September, 12:30 - 13:30h Domingo Gómez C P12/ The use of natural oils and diet change may help patients in reduction of pain P01/ Effects of chikung on Non-Hodgkin of different origins - our experience Lymphoma survivors **Ievdic D** Díaz Rodríguez L P13/ The use of natural oils and diet change P02/ Adherence to allopathic treatment can improve quality of life in people through complementary traditional suffering from allergy - results from medicine pilot study Leyva Mendoza E Jevdic D

P14/ An influence of natural oils and diet change on the use of antihistamines and decongestants in people suffering from allergy - results from pilot study

Vesovic D

P15/ Describe whether Tai Chi (TC) is effective in preventing falls in older people

Dorta Francisco M C

P16/ Correlating Traditional Chinese Medicine Asthma Phenotypes to Objective Conventional Medicine Asthma Evaluation

Cheong H H

P17/ Danggui-Shaoyao-San for Dementia: Systematic Review

Kim Y

P19/ The presence of food intolerance, bacteria, and toxins in subjects with various diseases revealed by bioresonance

Misic T

P20/ Prevalence of bacteria, toxins, and food intolerance in subjects diagnosed with digestive system ailments revealed by bioresonance

Misic T

P21/ The most prevalent health burdens revealed by bioresonance in patients suffering from circulatory diseases - our experience

Misic T

P22/ Natural oils and diet change may help people suffering from allergy - results from pilot study

Vesovic D

P23/ Effects of concomitant use of natural oils and diet change on some nasal symptoms in people suffering from allergies – pilot study

Vesovic D

P24/ Hashimoto thyroiditis consensus document of the Spanish Society of Health and Integrative Medicine SESMI: An integrative vision

Abanades León S

P25/ Naltrexone at low dose for the treatment of chronic pain

Subirats Duran N

P26/ Chronic Urticaria and Histaminergic Angioedema

Subirats Duran N

P27/ Osteopathic treatment in Chronic Musculoskeletal Pain Diseases – Results of an Observational Pilot Study

Rotter G

P28/ Levels of vitamin D3 in blood and tear of athletes practicing indoor and outdoor activities and evaluation of effectiveness of vitamin D3 eye drops

Leça R

POSTER SESSION 3

14 September, 18:30 - 19:15h

P01/ Effects of vegan versus meat-rich diet on markers of inflammation – a randomized, controlled trial

Ann-Kathrin L

P02/ Effectiveness of Standard of Care versus Its Combination with Reflexology, and Sham Reflexology on Preoperative Anxiety in Patients Undergoing Laparoscopic Cholecystectomy: A Randomized Controlled Trial. Preliminary Results

Samuel A

P03/ Interoceptive Awareness in Studies of Mind-Body Therapies: a Review of Research Studies

Mehling W

P04/ Association between metabolic diseases and blood stasis: a survey of Korean medical doctors

Jang S

P05/ Herbal medicines for metabolic diseases with blood stasis: A systematic review and meta-analysis

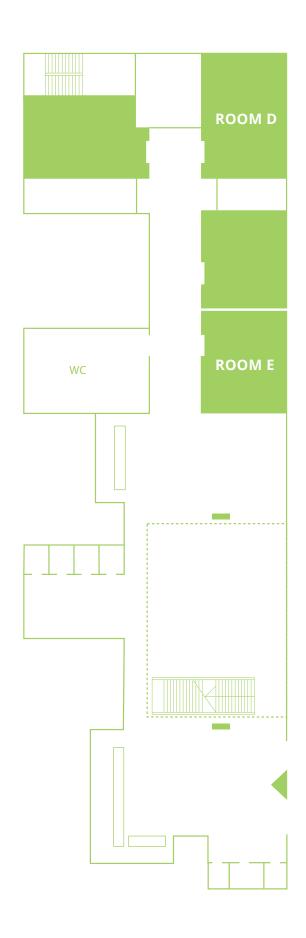
Ko M M

P06/	The Effects of Surgery on Plasma Vitamin C Concentrations and Cognitive Function	P17/	Medicinal mushrooms: A review of scientific evidence from systematic reviews and meta-analysis
	Travica N		Kloppenburg Vieth S
P07/	Chronic fatigue syndrome and blood level of some hormones	P18/	Ketogenic diet for dog with Brain Tumor
	Dunjić S		Motta J
P08/	Levels of some biochemical parameters in subjects with high blood pressure	P19/	Association between Living environment and allergic rhinitis in the Korean adult population: the Korean National Health and Nutrition
P09/	Interesting laboratory findings in female patients with inability to conceive		Huang C-W
		P20/	Impact of health-related behaviors on Metabolic Syndrome: using the Korea National Health and Nutrition Examination Survey
P10/	Dunjić S Cinnamomum camphora ameliorates		
P 107	cognitive impairment and promotes		Sasakyl Y
	neuroprotection in mouse model of Alzheimer's disease	P21/	Implications in lower members of vestibular dysfunction
D447	Kim Y Effects of two mushroom extracts on symptom alleviation in osteoarthritis patients: Pilot Study	P22/	Martín Romero P
P11/			Microbloodletting in MC9 in cases of Arterial Hypertension
	Simón Gómez I		Dolcet Romeo P
P12/	Series study of cases Treated with Energy Regulation Therapy (ERT)	P23/	Acupuncture and Moxibustion treatment for cervical ripening
	Negrete Pérez I		Capece C
P13/	Influence of cocoa drink product, on acute physical stress, in sedentary	P24/	Acupuncture as a treatment in breastfeeding problems
	persons		Pérez Guervos R
P14/	Jurcau R-N Non-invasive brain stimulation in the treatment of chemotherapy-induced neuropathy	P25/	A pilot study of standardization in the English translation of traditional Korean medicine prescription terminology
	Romero C		Ко Ү
P15/	nervous system of hemodialysis patients: A randomized, double-blind, placebo-controlled trial. Sakuraba H	P26/	Integrative Nursing in clinical practice
			Masllorens de la Rosa L
			Generalized tetanus: successful outcome when an integrative approach
P16/			is incorporated Estrems Membrado M
	Pots Y		



HOTEL BARCELÓ SANTS

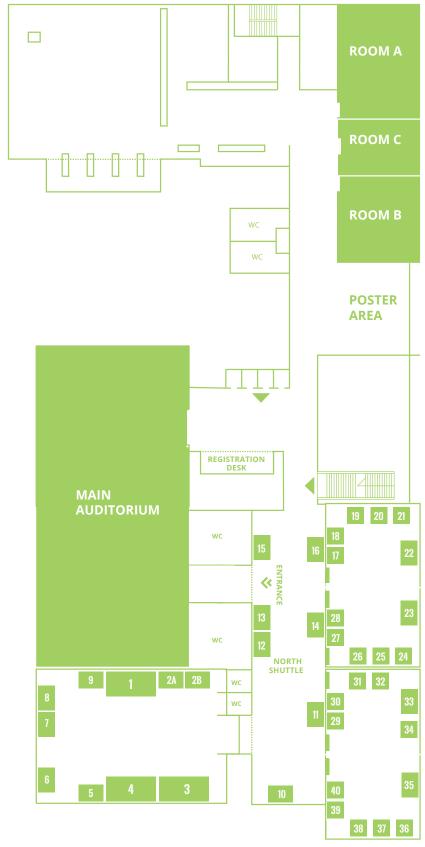
Level 0



Level E

EXHIBITORS:

- 1. PHARMANORD
- 2A. ARMINLABS GMBH
- **2B. ACTIVOZONE**
- 3. BOIRON
- 4. LABO'LIFE
- 5. EQUISALUD
- 6. SUPLEMENTOS ZEUS
- 7. AEMI
- 8. NOVASAN
- 9. HIFAS DA TERRA
- 10. BRUDYLAB
- 11. TELETEST
- 12. HELIXOR
- 13. SOLARAY
- 14. NATURES PLUS
- 15. LABORATORIO LCN
- 16. THE GREAT PLAINS LABORATORY
- 17. NEOVITALHEALTH
- 18. R.E.D. LABORATORIES
- 19. LABORATOIRE OPTIM
- 20. CLIDIET
- 21. THERASCIENCE
- 22. SANTIVERI
- 23. LAVIGOR
- 24. EUGENOMIC
- 25. CUMEDIET
- 26. SORIA NATURAL
- 27. VITAE HEALTH INNOVATION
- 28. BONUSAN
- 29. ANDROMEDIC S.R.L.
- 30. ECIM 2020 LONDON
- 31. SURAVITASAN
- 32. OZOLIFE
- 33. ENZIMESABINCO
- 34. REGUMED
- 35. LABORATORIO COBAS
- 36. NUTRINED
- 37. VITAMINOR
- 38. QUANTUM SALUD
- 39. PUNTA DA COUSO
- 40. SESMI



GENERAL INFORMATION

VENUE

Hotel Barceló Sants

Plaça dels Països Catalans, s/n, 08014 Barcelona

OFFICIAL LANGUAGES

English and Spanish

REGISTRATION DESK AND POWERPOINT DELIVERY POINT OPENING HOURS

- · Friday 13 September from 11:00 am
- · Saturday 14 September from 07:30 am
- · Sunday 15 September from 08:00 am

ORAL PRESENTATIONS

The presentations should be made in PowerPoint format (for Pc not for MAC). Screen format 16:9. The use of personal laptops will not be allowed.

Please, save your presentation on a USB stick and bring it to the congress. You must upload your presentation at the PowerPoint delivery point located in the congress venue.

Presentations must be uploaded at least one hour before the start of the session. Please, bear in mind that Saturday there will be six simultaneous rooms, so we strongly recommend that you upload it on Friday. PowerPoint delivery point will be opened on Friday at 11.00h.

Oral presentations can be in Spanish or English (there will be simultaneous translation to both languages in all the meeting rooms).

POSTER PRESENTATIONS

If your poster is assigned to this date	You must hang it up between
Friday 13 September, 2019, 18:45-19:15	14:00-18:15, removal no later than 20:00
Saturday 14 September, 2019, 12:30-13:30	09:00-12:00, removal no later than 15:00
Saturday 14 September, 2019, 18:15-19:00	16:00-17:45, removal no later than 20:00

Accepted posters can be viewed in the poster exhibition area during the Guided Poster Session. Posters that are not removed will be kept by staff until the end of the conference day, and will be disposed of after that.

The maximum poster size is 90cm wide x 120cm high (vertical format). Each poster will have a location on the display panel that can be identified with the corresponding number. The material for putting the poster up will be available in sufficient quantities in the designated place. No personal material for hanging up posters is allowed.

Hang your poster up 30 minutes before the session begins and remove it after the session. Do not send it before the congress, you must bring it with you.

Please stand next to your poster during the guided poster presentation session you have been assigned to so you can give explanations and participate in discussions during this time. Every author has been allocated 5 min for presenting their poster and 2 min for discussion. Chairmen are asked to observe the presentation time strictly and we will encourage all chairmen to interrupt the presentation when the time is over. Some posters will be presented simultaneously.

The poster must contain the sections: title, authors, institution, keywords and content.

Content: Introduction, objectives, material and method, results (these should occupy most of the poster, they can be presented as tables, graphs, figures and photos) and conclusions (the most important part, they should be brief and clear). Updated bibliography.

Posters can be elaborated in Spanish or English.

AWARDS

The following prizes will be awarded:

- First, second and third prizes to the best oral presentation
- First, second and third prizes to the best poster

To qualify for the prize, it is essential that your work is original, and has not been published, or been given an award previously; however, these works can participate in the conference with the aim of disseminating the work.

CERTIFICATE OF ATTENDANCE

You will receive your Certificate of Attendance via email after the conference.

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